



## MENTOR MD|DC Service Request Form

Please fill out the following information so we can better understand your service needs:

### CONTACT INFORMATION

Organization Name: \_\_\_\_\_

Name & Title: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Service Area: \_\_\_\_\_

**Service Details:** What service(s) are you most interested in from us? **(Check all that apply)**

### TRAININGS

**Connect, Focus, Grow (CFG)** – a packaged workforce development curriculum that includes 2-3 standalone sessions of 1-2 hours that does the following:

- Trains young people 18-24 entering the workforce
- Trains supervisors of Youth employees
- Trains community based and employee of mentors of youth

**Becoming a Better Mentor** – 12 individual or combined sessions – check all that you are interested in:

- |  |  |
|--|--|
| • Providing Emotional Support & Empathy                      | • Honoring Youth Voice & Building Power            |
| • Practicing Cultural Humility                               | • Building Critical Consciousness & Youth Activism |
| • Making Room for Fun & Play                                 | • Goal Setting & Support                           |
| • Attunement in Mentoring Relationships                      | • Effective Conversations about Behavior Change    |
| • Understanding Effective Online Communication               | • Expanding Networks of Support                    |
| • Facilitating Group Interactions                            |  |
| • Working with Others in the Mentoring Relationships Systems |  |



- Effective Elements of Effective Practice for Mentoring (EPEM) –**  
EPEM5 8 sessions, 16 elements. Check all you are interested in:
  - Elements 1 & 2 - Program Values, Design, and Theory of Change
  - Elements 3 & 4 - Recruitment of Youth Participants and Mentors
  - Elements 5 & 6 - Youth Enrollment and Mentor Screening & Enrollment
  - Elements 7 & 8 - Youth, Caregiver and Mentor Preparation and Training
  - Elements 9 - Establishing Mentoring Relationships
  - Elements 10, 11, & 12 - Ongoing Caregiver Engagement, Supporting Mentoring Relationships, Celebration & Exit
  - Elements 13 & 14 - Program Leadership and Staffing and Community Engagement
  - Elements 15 & 16 - Program Infrastructure and Sustainability; Program Evaluation

**Other stand-alone trainings** – check all that you are interested in:

- E-Mentoring
- Group Mentoring
- Inclusive Mentoring for Youth with Disabilities
- Peer Mentoring
- Critical Mentoring
- Mentoring LGBTQ+ Youth
- STEM Supplement
- Workplace Mentoring Supplement
- How to be an Askable Adult
- Adopting a Mentoring Mindset
- Combating White Saviorism
- Trauma Informed Mentoring & Youth Development
- Neurodiversity, Inclusion, & Youth Development
- Developmental Relationships Framework
- Positive Parent Engagement
- Strength-Based Mentoring
- Other – this may be a custom training ask (please specify training topic):



## CONSULTANCY SERVICES

**New Program Design & Development:** Write a brief description of your request here:

**Building a Mentor Recruitment Strategy:** Write a brief description of your request here:

**Building a Fundraising Strategy:** Write a brief description of your request here:



**Misc Strategy:** Write a brief description of your request here if it does not fall within the categories above:

**HOW MANY PEOPLE DO YOU INTEND TO SERVICE THROUGH THIS CONTRACT?**

Youth \_\_\_\_\_

Mentors \_\_\_\_\_

Other (success coaches, etc) \_\_\_\_\_

**BUDGET INFORMATION**

What is your budget for these services? (Please specify amount or range)

\_\_\_\_\_

**TIMELINE**

When do you want these services to start? DATE: \_\_\_\_\_

When do you need these services to end? DATE: \_\_\_\_\_

**ADDITIONAL INFORMATION**

Please provide any additional details or special requirements you have:

THANK YOU FOR PROVIDING THIS INFORMATION. SEND YOUR COMPLETED FORM TO  
INFO@MENTORMDDC.ORG. WE WILL REVIEW YOUR REQUEST AND GET BACK TO YOU  
SHORTLY WITH A FORMAL PROPOSAL.

